



Combined Postharvest Use of Melatonin and Salicylic Acid Extended Shelf Life of Giant Kew Pineapples

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Abstract

Pineapple is an excellent, juicy, nutrient-rich tropical fruit of Bromeliaceae family; generally, has a short shelf life and undergoes significant loss during post-harvest handling. Therefore, the research trial was conducted with two proven plant growth regulators viz. melatonin and salicylic acid, which individually been used for controlling ripening and delaying senescence in many fruits, however, having scanty information on combined application and implication in shelf-life management of pineapple. Thus, the present study involved nine postharvest treatments viz. T₁: Melatonin (MT) @ 0.1 mM, T₂: MT@ 0.5 mM, T₃: Salicylic Acid (SA) @ 5 mM, T₄: SA@ 9 mM, T₅: MT@ 0.1 mM+ SA@ 5mM, T₆: MT@ 0.1 mM+ SA@ 9mM, T₇: MT@ 0.5 mM+ SA@ 5mM, T₈: MT@ 0.5 mM+ SA@ 9mM, T₉: Control (Sterile water dipped) with three replications following complete randomized design to evaluate the effectiveness on shelf life and quality of pineapple (cv. Giant Kew) fruits during storage at ambient condition (average temperature: 22-27°C and relative humidity 60-80%). Results revealed that fruits treated with MT@ 0.5 mM+ SA@ 9mM (T₈) had considerably low weight loss (14.58%) with high fruit firmness (59.84 Ncm⁻²), good crown condition (score: 2.00), appealing skin colour (L: 85.78, a: 8.22, b: 30.96) with high TSS (15.59 °Brix), retention of ascorbic acid (15.34 mg 100g⁻¹), flavonoids (4.21 mg QE 100g⁻¹) and antioxidant activity (58.49 % inhibition DPPH) at 12DAS. This treatment had controlled the ethylene gas release (10.78 µl kg⁻¹ h⁻¹) and found to control fruit decay (16.67%) with maximum shelf life (16.33 days). Thus, present study concluded that combined application of MT@ 0.5 mM+ SA@ 9mM can be a potential postharvest treatment for shelf-life extension and quality maintenance in ambiently stored pineapple.



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Abbreviations

ACO	1-Aminocyclopropane-1-Carboxylic Acid Oxidase
ACAS	1-Aminocyclopropane-1-Carboxylic Acid Synthase
ACS	American Chemical Society
ANOVA	Analysis of Variance
CE	Catechin Equivalent
CRD	Complete Randomized Design
DAS	Days After Storage
DPPH	2,2-diphenyl-1-picrylhydrazyl
FD	Fruit Diameter
FL	Fruit Length
FW	Fruit Weight
MDA	Malondialdehyde
MT	Melatonin
PDFD	Percentage Decrease in Fruit Diameter
PDFL	Percentage Decrease in Fruit Length
PLW	Physiological Weight Loss
QE	Quercetin Equivalent
ROS	Reactive Oxygen Species
SA	Salicylic Acid
SPSS	Statistical Package for Social Science
TLC	Thin Layer Chromatography
TSS	Total Soluble Solids
UV-C	Ultraviolet C

Introduction

Pineapples are attractive, refreshing, rich in vitamins, minerals, organic acids, sugars, fiber and array of phytochemicals and economically important tropical fruit of Bromeliaceae family, profusely cultivated in countries like Indonesia, Costa Rica, Philippines, China, Brazil, India, Nigeria, Thailand, Colombia and Mexico etc.¹ Pineapples are excellent dessert fruit and are importantly used in juice and other processing industries. Pineapple is a unique non-climacteric fruit which undergoes change in skin colour even after harvest,² however, during ambient condition fruits rapidly lost surface moisture and face desiccation.³ Besides, ambient storage of pineapple accelerates respiration and other ripening induced metabolic changes and cause drop in soluble solids, sugars and firmness.² On the other hand, cold storage of pineapple is also challenging as to contribute higher internal browning and chilling injury.⁴ Rather, controlled atmospheric storage at around 10-12°C had reported to better maintain the fruit shelf life.⁵ But India and other developing countries importantly engaged in pineapple growing, frequently maintain the grower to consumer supply

chain in ambient condition, where fruits use to face high spoilage and short shelf life.⁶

Melatonin, which was first isolated from the pineal glands of animal in 1958, later was identified and isolated from plants too, in 1995.⁷ Melatonin is a natural product, work as a signaling molecule derived from tryptophan, known as N-acetyl-5-methoxy tryptamine.⁸ It is having multiple responses in plants which includes different growth and developmental regulations, increment in stress tolerance and antioxidant enzymatic activity; trapping of reactive oxygen species and repair of oxidized protein, thus regulating delaying of senescence.⁹ Besides, it also impact endogenous activity of abscisic acid, indole acetic acid, ethylene and help in regulation of post-harvest ripening and storage.¹⁰ Melatonin is reported to delay ripening in banana,¹¹ plum,¹² mango,¹⁰ and delayed senescence in pear,¹³ grapes,¹⁴ citrus;¹⁵ both in climacteric and non-climacteric fruits. Moreover, reduction in post-harvest disease occurrence was reported in strawberries,¹⁶ peaches,¹⁷ and kiwifruit etc.¹⁸

Salicylic acid which is an endogenous phenolic compound, was naturally isolated from willow bark¹⁹ and act as plant growth regulator for stress regulation, modulation of respiration, photosynthesis, transpiration, ripening and senescence.²⁰ It helps in suppressing ethylene production, influence antioxidant enzymes, maintain fruit firmness and increase disease resistance capacity.²¹ It is reported to use for increasing postharvest shelf life in banana,²² orange,²³ grape,²⁴ lemon²⁵ etc. by delaying senescence and controlling postharvest diseases.

Pineapple fruits treated with melatonin have been reported to extend shelf life while maintaining physico-chemical qualities.²⁶ Besides, postharvest use of salicylic acid was reported for influencing quality of stored pineapple while delaying senescence.²⁷ However, combined use of both signal molecules i.e. melatonin and salicylic acid is not yet researched for evaluating impact on storage of pineapple at ambient condition. Thus, this research trial was attempted for evaluating the impact of melatonin and salicylic acid on shelf life and postharvest quality of pineapple (cv. Giant Kew) during storage at ambient condition.

Materials and Methods

Fruit Source and Treatments

Fully mature, green-coloured pineapple fruits cv. Giant Kew were harvested along with crown; individually with sickle, from the farmer's field of Sialhawk village, Champhai district, Mizoram and brought to the Post-Harvest Technology Laboratory, Department of Horticulture, Aromatic and Medicinal Plants, Mizoram University, Aizawl, India for further treatments and research uses. Best quality fruits of uniform maturity, free from blemishes, diseases, pests or decayed; were selected for the treatments. Fruits were then washed thoroughly in running tap water and air dried at ambient condition followed by running through UV-C ($\lambda=254$ nm; 1.6 kJ m⁻²) conveyor disinfection unit (Elixir Technologies, Bengaluru, India) for 60 seconds.

Nine different treatments i.e. T₁: Melatonin (MT, 98% TLC; Sigma Aldrich) @ 0.1 mM, T₂: MT@ 0.5 mM, T₃: Salicylic Acid (SA, 99% ACS; Sigma Aldrich) @ 5 mM, T₄: SA@ 9 mM, T₅: MT@ 0.1 mM+ SA@ 5mM, T₆: MT@ 0.1 mM+ SA@ 9mM, T₇: MT@ 0.5 mM+ SA@ 5mM, T₈: MT@ 0.5 mM+ SA@ 9mM, T₉: Control (Sterile water dipped) were used in the present study with three replications. Fruits for

melatonin treatments were dipped in MT solutions (at two concentrations viz. 0.1 mM and 0.5 mM, respectively) for 10 minutes, whereas for salicylic acid treatments fruits were immersed in SA solution of two different concentrations i.e. 5 mM and 9mM for 10 minutes, respectively. For combined treatments fruits were initially dipped in respective MT solutions followed by air drying with handheld air blaster and subsequently dipping in SA solutions, while fruits under control dipped for 10 minutes in water and air dried. All the fruits were stored in ambient condition (average temperature: 22-27°C and relative humidity 60-80%) at the laboratory and different physical and biochemical parameters were recorded at 4 days interval.

Determination of Fruit Physical Parameters

Fruit weight was determined by digital balance (Kern PCB, Model: Z742836, Germany) and fruit length and diameter were measured with digital slide caliper (Mitutoyo, Model: 500-505-10, Japan) and physiological weight loss (PLW) and percentage decrease in fruit length (PDFL) and diameter (PDFD) was calculated based on the given formula:

$$\text{PLW/PDFL/PDFD (\%)} = \frac{(\text{Initial FW or FL or FD} - \text{Final FW or FL or FD})}{(\text{Initial FW or FL or FD})} \times 100$$

Where, FW= Fruit weight, FL= Fruit length, FD= Fruit diameter.

Firmness of the fruit was measured (at apical, mid and basal region of fruit) with digital handheld penetrometer (PCE Instruments, Model: PCE-PTR 200N, UK); whereas fruit external skin colour and flesh colour was measured in CIELAB [L* (lightness), a* (red-green), b* (yellow-blue)] with digital handheld colour meter (Konica Minolta, Singapore); colour chart was developed with corresponding L,a,b value using NIX Color Sensor software. Visual score for pineapple crown condition and flesh translucency were determined by using the score chart;⁶ for crown condition, a) good, fresh and green: 1; b) good with slightly yellow at tip: 2; c) moderate, dry tips and yellowing: 3; d) Bad, dry tips and more yellowing: 4 and e) severe yellow: 5, whereas for flesh translucency, a) 100% opaque:1; b) opaque with slight translucent (less than 50%): 2; c) opaque with moderate translucent (more than 50%): 3 and d) 100% translucent: 4. Carbon-di-oxide (CO₂) gas was measured for respiration rate of the stored pineapple

with the help of handheld digital gas analyzer (Q check, Model: E2M316, Elixir Technologies, Bengaluru, India) whereas, ethylene (C₂H₄) gas released from the stored fruit was measured with handheld portable ethylene analyzer (Ethan Meter, Bioconservacion, Spain). Single fruit was stored in a 5L airtight glass jar and hermetically sealed along with placing silicone rubber membrane on the top and kept for 2 hours and later hypodermic needle was inserted through silicone rubber membrane to collect 1ml gas and used for determination of CO₂ and C₂H₄ via respective gas analyzer²⁸

Determination of Fruit Biochemical Parameters

TSS content of the stored fruits was recorded with digital handheld refractometer (Hanna Instruments, Model: HI96801, Romania) with temperature correction. Titratable acidity, total sugar and reducing sugar content was measured following the standard protocol of AOAC.²⁹ TSS with titratable acidity ratio was calculated by dividing TSS value with titratable acidity percentage. Ascorbic acid content of the fruits was measured by titrating with 2,6 Dichlorophenol indophenol dye.^{29,30} Total carbohydrate was measured by following anthrone method and total phenol was determined using Folin-Ciocalteu reagent; expressed as catechol equivalent.³¹ Total flavonoid content of the fruit extract was analyzed colorimetric method using Quercetin as standard.³² Antioxidant activity of the stored fruit was measured using methanolic extract for DPPH assay.³³ Percent inhibition of DPPH was calculated using the given formula:

$$\% \text{ Inhibition DPPH} = ((Ac-As)/Ac) \times 100$$

Where, Ac= Control absorbance; As=Sample absorbance.

Determination of Fruit Decay and Shelf Life

The number of fruit decayed was recorded based on the visual observation and decay percentage for a particular treatment at 12 DAS was calculated through diving number of fruit decayed up to 12 days with total number of fruits stored under that treatment.²² Shelf life of the fruits were determined based on the percentage of fruit decay, external appearance of crown condition; flesh translucency, counting days after harvest to the day with maximum visual appearance and physico-chemical qualities.³⁴

Statistical Analysis

Statistical analysis of the data was done using SPSS (Version 22) software for calculating ANOVA by following the method of Complete Randomized Design (CRD) having nine treatments and three replications; with six fruits per replication and Duncan's Multiple Range Test (DMRT) was performed for separation of means.³⁵

Results

Percentage of Physiological Weight Loss, Decrease in Fruit Length and Fruit Diameter

Fruit length, fruit diameter and weight of the ambiently stored pineapple gradually reduced and caused reasonable increment in the respective percentages. Physiological weight loss ranged between 4.67 % to 8.23 % at 4 DAS; got increased and ranged between 14.58% to 27.71% at 12 DAS (Table 1). Sole application of MT and SA showed moderately high weight loss (MT @0.1 mM: 16.85 %, MT@0.5mM:19.94%; SA @5mM: 15.92% and SA@9mM: 18.31%) at 12 DAS. However, fruits treated with MT 0.5 mM + SA 9 mM (T₈) had minimum weight loss (14.58%) compared control (27.71 %) at 12 DAS. Similarly, the percentage decrease in fruit length ranged between 0.25% to 3.74% and fruit diameter ranged between 0.23% to 3.24% at 4 DAS, which increased and ranged between 1.76% to 7.84 % and 2.98% to 8.82%, respectively. After 12 days of ambient storage, contrasting with control (T₉), fruits treated with MT 0.5 mM + SA 9 mM (T₈) recorded lowest percentage decrease in fruit length (1.76%) and fruit diameter (2.98%).

Fruit Firmness

Firmness of the stored pineapple fruits markedly reduced during the period of storage. Fruit firmness ranged between 49.56 to 70.32 (N cm⁻²) at 4DAS, 41.52 to 68.73 (N cm⁻²) at 8DAS and 35.42 to 59.84 (N cm⁻²) at 12 DAS (Table1). Although after 12 days of storage, it was recorded that sole application in lower concentrations of MT 0.1mM and SA 5 mM had maintained the fruit firmness (49.58 and 54.28 N cm⁻², respectively), but highest firmness (59.84 N cm⁻²) was recorded in case of the fruits treated with MT 0.5 mM + SA 9 mM (T₈) followed by the fruits treated with MT 0.1mM+ SA 5 mM (58.32 N cm⁻²; T₅) compared with control (35.42 N cm⁻², T₉).

Table 1: Percentage weight loss, decrease in length, diameter and firmness of pineapples during storage

Treatments	Weight Loss (%)			Length Decrease (%)			Diameter Decrease (%)			Firmness (Ncm ⁻²)		
	4DAS	8DAS	12DAS	4DAS	8DAS	12DAS	4DAS	8DAS	12DAS	4DAS	8DAS	12DAS
T ₁ : Melatonin (MT) 0.1mM	6.73 ^{bcd}	10.76 ^{ab}	16.85 ^{abcd}	0.96 ^c	1.56 ^d	2.98 ^c	1.01 ^c	2.87 ^{bc}	3.84 ^{abc}	65.43 ^{cd}	60.37 ^{de}	49.58 ^{de}
T ₂ : MT 0.5mM	7.18 ^{cd}	12.98 ^c	19.94 ^d	2.07 ^e	2.24 ^f	4.86 ^e	1.68 ^e	3.84 ^d	5.04 ^d	59.78 ^b	49.58 ^b	43.41 ^b
T ₃ : Salicylic Acid (SA) 5 mM	5.78 ^{abc}	9.23 ^a	15.92 ^{ab}	0.41 ^{ab}	1.12 ^{bc}	2.65 ^{bc}	0.64 ^b	2.26 ^{ab}	3.52 ^{ab}	66.84 ^{de}	63.61 ^{ef}	54.28 ^f
T ₄ : SA 9 mM	7.04 ^{bcd}	12.75 ^{bc}	18.32 ^{cd}	1.68 ^{de}	1.97 ^{ef}	3.78 ^d	1.34 ^d	3.34 ^{cd}	4.85 ^{cd}	61.58 ^{bc}	56.34 ^c	45.32 ^{bc}
T ₅ : MT 0.1mM+ SA 5 mM	5.23 ^{ab}	9.65 ^a	15.67 ^{ab}	0.25 ^a	0.96 ^b	2.12 ^{ab}	0.57 ^b	2.09 ^a	3.15 ^a	72.20 ^f	65.48 ^{fg}	58.32 ^g
T ₆ : MT 0.1 mM + SA 9 mM	6.84 ^{bcd}	12.34 ^{bc}	17.58 ^{bcd}	1.23 ^{cd}	1.73 ^{de}	3.24 ^{cd}	1.15 ^{cd}	2.95 ^{bc}	4.56 ^{bcd}	63.45 ^{bcd}	58.63 ^{cd}	47.64 ^{cd}
T ₇ : MT 0.5 mM + SA 5 mM	6.27 ^{abc}	10.12 ^a	16.38 ^{abc}	0.82 ^{bc}	1.42 ^{cd}	1.99 ^{ab}	0.96 ^c	2.18 ^{ab}	3.34 ^a	66.52 ^{de}	61.25 ^{de}	50.78 ^e
T ₈ : MT 0.5 mM + SA 9 mM	4.67 ^a	8.94 ^a	14.58 ^a	0.27 ^a	0.35 ^a	1.76 ^a	0.23 ^a	1.82 ^a	2.98 ^a	70.32 ^{ef}	68.73 ^g	59.84 ^g
T ₉ : Control (water dipping)	8.23 ^d	15.91 ^d	27.71 ^e	3.74 ^f	4.29 ^g	7.84 ^f	3.24 ^f	6.76 ^e	8.82 ^e	49.56 ^a	41.52 ^a	35.42 ^a
S Em (±)	0.572	0.667	0.701	0.176	0.125	0.236	0.104	0.243	0.360	1.399	1.172	0.806
CD at 5%	0.810	0.945	0.992	0.249	0.177	0.334	0.147	0.343	0.509	1.980	1.660	1.141

DAS = Days After Storage. Means followed by the same letters do not differ significantly at 5% level of probability.

Score for Flesh Translucency and Crown Condition

Ambiently stored pineapple fruits' flesh was 100% opaque (average score < 1.80) for melatonin and/or salicylic acid treated compared with control (opaque with less than 50% translucent; average score: 2.20) at 4 DAS (Table 2). After 8 days of storage, fruits at control were having flesh opaque with more than 50% translucent (average score: 3.20) compared with others, where flesh remained 100% opaque except fruits at T₂, T₄ and T₆ (average score: 2.00 to 2.40). Even after 12 days of ambient storage fruits treated with MT 0.5 mM + SA 9 mM (T₈) remained 100% opaque and had minimum flesh translucency score (average score: 1.40) compared with control (average score: 3.40).

At 4 DAS, fruits treated with MT 0.5 mM + SA 9 mM (T₈) had minimum crown condition score (average score: 1.20) compared with control (average score: 3.00; moderately dry tip & yellowing). However, at 8 DAS, fruits treated with MT 0.1 mM + SA 5 mM (T₅) had minimum crown condition score (average score: 1.60; good, fresh and green) and at 12 DAS, fruits at T₈ had minimum score (average score: 2.00; good with slightly yellow at tip) compared with control (average score: 3.20; moderate, dry tips and yellowing and 4.20; bad, dry tips and more yellowing, respectively).

Skin and Flesh Colour

After 12 days of storage, among sole application treatments, skin colour of the pineapple fruits at T₁ (MT 0.1mM) was light orange (L:66.47, a:19.77, b:57.34) and T₃ (SA 5mM) was orange (L:73.41, a:17.88, b:47.57), whereas, combined application at T₈ (MT 0.5 mM + SA 9 mM) was pale orange (L:85.78, a:8.22, b:30.96), contrasting with control (T₉), where it was recorded dark orange (L:52.54, a:30.43, b:40.63). Similarly, the most intensified flesh colour (dark golden yellow; L: 57.04, a:5.91, b:49.35) was recorded in case of the fruits at control (T₉) compared to T₈, where flesh colour of the fruits was whitish (L:88.25, a:0.86, b:21.22) [Table: 2, Fig. 1(a), 1(b)].

CO₂ and C₂H₄ gas released

Release of CO₂ gas from the stored pineapple gradually increased across all the treatments during the period of storage. At 4 DAS, the maximum

amount of CO₂ (6.04 ml kg⁻¹ h⁻¹) was released from the fruits at control (T₉) compared with the fruits treated with MT 0.5 mM + SA 9 mM (4.33 ml kg⁻¹ h⁻¹, T₈). At 12 DAS, among sole applications, fruits treated with SA 5mM had released comparatively lower amount of CO₂ (7.87 ml kg⁻¹ h⁻¹) though among all the treatments minimum amount of CO₂ (6.87 ml kg⁻¹ h⁻¹) was released from the fruits combinedly treated with MT 0.5 mM + SA 9 mM (T₈) followed by the fruits treated with MT 0.1mM+ SA 5 mM (7.38 ml kg⁻¹ h⁻¹, T₅) compared with control (12.96 ml kg⁻¹ h⁻¹). Besides, the rate of ethylene gas released from the ambiently stored pineapple increased simultaneously like carbon-di-oxide gas. It was recorded that the release rate of C₂H₄ from stored pineapple ranged between 6.56-8.25 µl kg⁻¹ h⁻¹ at 4 DAS, which increased and ranged between 8.89 to 9.94 µl kg⁻¹ h⁻¹ at 8 DAS and finally ranged between 10.78-13.39 µl kg⁻¹ h⁻¹ at 12 DAS (Table 3). After 12 days of storage of pineapple at ambient condition, fruits treated with SA 5 mM had lower ethylene released (11.58 µl kg⁻¹ h⁻¹) among the sole application of MT or SA, however, combined application of MT 0.5 mM + SA 9 mM (T₈) had the minimum (10.78 µl kg⁻¹ h⁻¹) rate of C₂H₄ released compared with control (13.39 µl kg⁻¹ h⁻¹).

TSS, Titratable Acidity and TSS:Acid Ratio

Four days of ambient storage increased the total soluble solids (TSS) contents of the pineapple; maximum for fruits at control (16.91 °Brix) compared with the fruits treated with MT 0.5 mM + SA 9 mM (T₈:13.45 °Brix). At 8 DAS, fruits at T₈ recorded the maximum TSS (17.19 °Brix) followed by T₅ (16.98 °Brix) compared with control (11.78 °Brix). After 12 days of storage, among sole treatments, fruits at T₃ had high TSS (12.84 °Brix), whereas, among combined treatments, fruit at T₈ had reasonably high TSS (15.59 °Brix) whereas, it was found minimum at control (9.46 °Brix). Fruit acidity increased during the period of storage (Table 3). At 4 DAS it ranged between 0.67% to 0.98%; which increased and ranged between 0.78% to 1.07% at 8 DAS and 0.85% to 1.18% at 12 DAS. At 12 DAS, minimum titratable acidity (0.85%) of the fruit was recorded in T₈ (MT 0.5 mM + SA 9 mM) followed by T₅ (0.89%) compared with control (1.18%). Similarly, TSS:acid ration at 12 DAS was recorded maximum (18.34) in T₈ followed by T₅(15.48) compared with control (8.02) (Table 4).

Table 3: Release of carbon-di-oxide and ethylene gas, total soluble solids (TSS), titratable acidity content of stored pineapples

Treatments	CO ₂ (ml kg ⁻¹ h ⁻¹)			Ethylene (µl kg ⁻¹ h ⁻¹)			TSS (° Brix)			Titratable Acidity (%)		
	4DAS	8DAS	12DAS	4DAS	8DAS	12DAS	4DAS	8DAS	12DAS	4DAS	8DAS	12DAS
T ₁ : Melatonin (MT) 0.1mM	4.95 ^{bcd}	6.87 ^{abc}	8.49 ^{cd}	7.42 ^{bcd}	9.51 ^{bcdde}	11.69 ^{bcd}	14.81 ^{bc}	15.37 ^b	12.65 ^{cd}	0.82 ^{bcd}	0.92 ^{abc}	0.98 ^{abc}
T ₂ : MT 0.5mM	5.49 ^{de}	8.51 ^d	8.89 ^d	7.75 ^{de}	9.85 ^{de}	12.13 ^d	15.35 ^c	14.68 ^b	11.14 ^b	0.89 ^{de}	0.98 ^{bc}	1.09 ^{cd}
T ₃ : Salicylic Acid (SA) 5 mM	4.65 ^{abc}	6.42 ^{ab}	7.87 ^{bc}	6.89 ^{abc}	9.24 ^{abc}	11.58 ^{bc}	14.02 ^{abc}	15.87 ^{bc}	12.84 ^d	0.76 ^{abc}	0.86 ^{ab}	0.94 ^{abc}
T ₄ : SA 9 mM	5.34 ^d	7.74 ^{cd}	8.81 ^{cd}	7.69 ^{de}	9.78 ^{de}	11.89 ^{cd}	14.97 ^{bc}	14.88 ^b	11.25 ^b	0.87 ^{cde}	0.97 ^{bc}	1.05 ^{bcd}
T ₅ : MT 0.1mM+ SA 5 mM	4.54 ^{ab}	6.21 ^a	7.38 ^{ab}	6.74 ^{ab}	9.06 ^{ab}	11.34 ^b	13.92 ^{ab}	16.98 ^c	13.78 ^d	0.72 ^{ab}	0.82 ^{ab}	0.89 ^{ab}
T ₆ : MT 0.1 mM + SA 9 mM	5.19 ^{cd}	7.27 ^{bc}	8.69 ^{cd}	7.53 ^{cde}	9.58 ^{cde}	11.67 ^{bc}	14.92 ^{bc}	15.26 ^b	11.48 ^{bc}	0.85 ^{cd}	0.95 ^{abc}	1.02 ^{bcd}
T ₇ : MT 0.5 mM + SA 5 mM	4.69 ^{abc}	6.65 ^{ab}	8.12 ^{bcd}	7.11 ^{abcd}	9.36 ^{abcd}	11.45 ^{bc}	14.11 ^{abc}	15.68 ^b	12.78 ^{cd}	0.79 ^{bcd}	0.89 ^{abc}	0.96 ^{abc}
T ₈ : MT 0.5 mM + SA 9 mM	4.33 ^a	5.87 ^a	6.87 ^a	6.56 ^a	8.89 ^a	10.78 ^a	13.45 ^a	17.19 ^c	15.59 ^e	0.67 ^a	0.78 ^a	0.85 ^a
T ₉ : Control (water dipping)	6.04 ^e	11.91 ^e	12.96 ^e	8.25 ^e	9.94 ^e	13.39 ^e	16.91 ^d	11.78 ^a	9.46 ^a	0.98 ^e	1.07 ^c	1.18 ^d
S Em (±)	0.170	0.314	0.297	0.217	0.152	0.143	0.414	0.392	0.424	0.034	0.055	0.049
CD at 5%	0.241	0.444	0.421	0.307	0.215	0.203	0.586	0.555	0.600	0.049	0.077	0.070

DAS = Days After Storage. Means followed by the same letters do not differ significantly at 5% level of probability.

Table 4: TSS: acid ratio, total sugar, reducing sugar and total carbohydrate content of pineapples at storage

Treatments	TSS:acid ratio			Total Sugar (%)			Reducing Sugar (%)			Total Carbohydrate (%)		
	4DAS	8DAS	12DAS	4DAS	8DAS	12DAS	4DAS	8DAS	12DAS	4DAS	8DAS	12DAS
T ₁ : Melatonin (MT) 0.1mM	18.06 ^{ab}	16.71 ^{cd}	12.91 ^c	12.26 ^{bcd}	13.78 ^{bcd}	11.25 ^{cd}	10.34 ^{abc}	10.67 ^{bcd}	8.85 ^{cd}	4.89 ^b	7.71 ^{cd}	6.15 ^{cd}
T ₂ : MT 0.5mM	17.25 ^{ab}	14.98 ^b	10.22 ^b	13.02 ^{de}	12.62 ^b	9.53 ^b	11.34 ^{cd}	10.07 ^b	7.16 ^b	6.78 ^c	5.31 ^b	4.71 ^b
T ₃ : Salicylic Acid (SA) 5 mM	18.45 ^{ab}	18.45 ^e	13.66 ^c	11.78 ^{abc}	14.28 ^{de}	12.18 ^{de}	9.91 ^{ab}	11.32 ^{cd}	9.56 ^{de}	4.38 ^{ab}	7.92 ^{cd}	6.34 ^{cd}
T ₄ : SA 9 mM	17.21 ^a	15.34 ^{bc}	10.71 ^b	12.84 ^{cde}	12.78 ^{bc}	9.78 ^b	10.87 ^{bc}	10.23 ^{bc}	7.32 ^b	6.42 ^c	6.79 ^c	5.72 ^{bc}
T ₅ : MT 0.1mM+ SA 5 mM	19.33 ^{bc}	20.71 ^f	15.48 ^d	11.23 ^{ab}	14.65 ^{de}	12.56 ^{de}	9.78 ^{ab}	11.56 ^d	9.78 ^{de}	4.11 ^{ab}	8.56 ^d	6.78 ^{cd}
T ₆ : MT 0.1 mM + SA 9 mM	17.55 ^a	16.06 ^{bc}	11.25 ^b	12.67 ^{cde}	13.56 ^{bcd}	10.12 ^{bc}	10.56 ^{bc}	10.62 ^{bcd}	8.12 ^{bc}	6.15 ^c	7.37 ^{cd}	6.04 ^{cd}
T ₇ : MT 0.5 mM + SA 5 mM	17.86 ^a	17.62 ^{de}	13.31 ^c	11.95 ^{bcd}	14.09 ^{cde}	11.84 ^{de}	10.18 ^{abc}	10.78 ^{bcd}	9.12 ^{cde}	4.57 ^{ab}	7.85 ^{cd}	6.21 ^{cd}
T ₈ : MT 0.5 mM + SA 9 mM	20.07 ^c	22.04 ^f	18.34 ^e	10.78 ^a	15.17 ^e	13.17 ^e	9.24 ^a	12.78 ^e	10.08 ^e	3.49 ^a	8.72 ^d	7.21 ^d
T ₉ : Control (water dipping)	17.26 ^a	11.01 ^a	8.02 ^a	13.78 ^e	10.08 ^a	7.56 ^a	12.14 ^d	8.24 ^a	5.67 ^a	7.32 ^c	3.85 ^a	3.15 ^a
S Em (±)	0.408	0.486	0.472	0.350	0.431	0.450	0.368	0.345	0.363	0.391	0.406	0.377
CD at 5%	0.577	0.688	0.669	0.495	0.610	0.638	0.522	0.489	0.514	0.553	0.575	0.534

DAS = Days After Storage. Means followed by the same letters do not differ significantly at 5% level of probability.

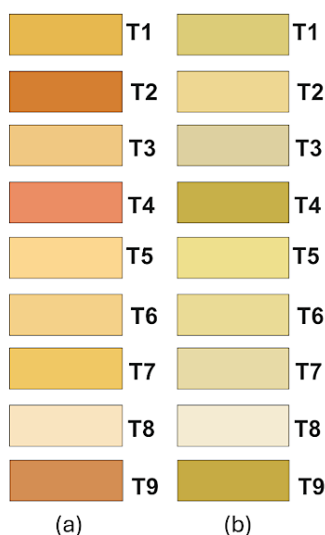


Fig. 1: (a) Skin Colour, (b) Flesh Colour at 12 DAS under different postharvest treatments

Total Sugar, Reducing Sugar, Total Carbohydrate

At 4 DAS total sugar content was recorded maximum (13.78%) in control, whereas it was found minimum (10.78%) in T_8 (MT 0.5 mM + SA 9 mM). At 8 DAS and 12 DAS; content of total sugar of stored pineapple was minimum in control (10.08%; 7.56%, respectively) whereas for sole application treatments of MT or SA, high total sugar (14.28% and 12.18%, respectively) was recorded in T_3 (SA 5 mM), however it was recorded maximum (15.17% and 13.17%, respectively) in case of the fruits treated combinedly with MT 0.5 mM + SA 9 mM (T_8). At 12 DAS, reducing sugar and total carbohydrate content was recorded minimum (5.67% and 3.15 %, respectively) in case of the fruits at control (T_9) whereas, it was recorded maximum (10.08% and 7.21%, respectively) at T_8 (Table 4).

Ascorbic Acid and Total Phenol

Stored pineapple fruits gradually lost its ascorbic acid content. At 4 DAS, fruit ascorbic acid ranged between 13.75 to 22.78 mg 100g⁻¹; which was reduced and found to range between 11.23 and 19.23 mg 100g⁻¹ at 8 DAS; while finally ranged between 7.02 and 15.34 mg 100g⁻¹ at 12 DAS (Table 5). Minimum ascorbic acid content (7.02 mg 100g⁻¹) of stored pineapple was recorded in control (T_9) whereas, maximum (15.34 mg 100g⁻¹) was recorded from the fruits applied with MT 0.5 mM + SA 9 mM (T_8) followed by T_3 (14.32 mg 100g⁻¹) at 12 DAS. In parity with the trend of ascorbic acid content, total

phenol content of the stored pineapple fruits reduced drastically during storage. Total phenol content was ranged between 34.76 and 68.79 mg CE 100g⁻¹ at 4 DAS; later found to decrease and ranged between 11.23 and 49.78 mg CE 100g⁻¹ at 12 DAS. At 12 DAS, among individual application treatments of MT or SA, fruits at T_3 (SA 5 mM) had high phenol (42.17 mg CE 100g⁻¹), though maximum total phenol content (49.78 mg CE 100g⁻¹) of the fruits was recorded in combined application at T_8 (MT 0.5 mM + SA 9 mM) followed by T_5 (47.32 mg CE 100g⁻¹) compared with control (11.23 mg CE 100g⁻¹).

Total Flavonoids and Antioxidant Activity

Total flavonoids content of the stored pineapple gradually reduced in ambient storage. Total flavonoids content at 4 DAS was recorded maximum (5.45 mg QE100g⁻¹) in case of the fruits treated with MT 0.5 mM + SA 9 mM (T_8) followed by the fruits treated with MT 0.5 mM + SA 5 mM (T_7 : 5.19 mg QE100g⁻¹) among combined treatments whereas, SA at 5mM (T_3 : 5.11 mg QE100g⁻¹) recorded high flavonoids among MT or SA sole treatments in stored fruits compared with control (2.56 mg QE100g⁻¹) (Table 5). At 12 DAS, it was measured maximum in T_8 (4.21 mg QE100g⁻¹) whereas, minimum in T_9 (1.87 mg QE100g⁻¹). After 12 days of ambient storage, highest antioxidant activity (58.49 % inhibition DPPH) was found in fruits treated with MT 0.5 mM + SA 9 mM (T_8) followed by fruits treated with MT 0.1 mM + SA 5 mM (T_5 : 52.34% inhibition DPPH) in combined treatments and fruits treated with SA at 5mM (T_3 : 48.76% inhibition DPPH) among sole treatments with either MT or SA compared with control (T_9 : 21.19 % inhibition DPPH).

Fruit Decay and Shelf Life

Storage of the pineapple at ambient condition had variable incidence of decay across the treatments, however fruits at control had the highest fruit decay (66.67%) whereas it was found less (33.33 %) both in MT 0.1mM and SA 5mM when applied sole, however minimum decay (16.67%) was recorded with combined application at T_8 (MT 0.5 mM + SA 9 mM) at 12 DAS. Consequently, it was observed that fruits at control (T_9) had minimum shelf life (11.50 days) whereas, shelf life was slightly high at T_3 (14.17 days) among the sole treatments, although maximum shelf life (16.33 days) of pineapple fruits was found in combined treatment at T_8 (MT 0.5 mM + SA 9 mM) followed by the fruits treated with MT 0.1 mM + SA 5 mM (T_5 : 14.67 days) [Fig. 2].

Table 5: Ascorbic acid, total phenol, total flavonoids content and antioxidant activity of pineapples during storage

Treatments	Ascorbic Acid (mg 100 g ⁻¹)		Total Phenol (mg CE 100g ⁻¹)		Total Flavonoids (mg QE100 ⁻¹)		Antioxidant activity (%inhibition DPPH)	
	4DAS	8DAS	4DAS	8DAS	4DAS	8DAS	4DAS	8DAS
T ₁ : Melatonin (MT) 0.1mM	18.85 ^{bc}	16.37 ^{bc}	58.46 ^{cd}	43.97 ^{cd}	4.24 ^{cd}	3.12 ^{ab}	3.18 ^c	41.78 ^c
T ₂ : MT 0.5mM	16.84 ^b	13.67 ^{ab}	51.24 ^b	34.67 ^b	3.29 ^b	2.56 ^{ab}	2.08 ^{ab}	36.24 ^b
T ₃ : Salicylic Acid (SA) 5 mM	19.78 ^{bcd}	18.32 ^c	61.28 ^d	47.54 ^{de}	5.11 ^e	4.21 ^{cd}	3.78 ^{de}	48.76 ^d
T ₄ : SA 9 mM	17.28 ^b	15.17 ^{bc}	56.02 ^c	37.48 ^b	3.78 ^{bc}	2.86 ^{ab}	2.17 ^{ab}	38.69 ^{bc}
T ₅ : MT 0.1mM+ SA 5 mM	21.35 ^{cd}	18.56 ^c	65.32 ^e	52.37 ^{ef}	5.23 ^e	4.78 ^d	4.09 ^e	52.34 ^e
T ₆ : MT 0.1 mM + SA 9 mM	17.68 ^b	15.48 ^{bc}	57.32 ^c	39.65 ^{bc}	4.78 ^{de}	2.98 ^{ab}	2.47 ^b	40.45 ^c
T ₇ : MT 0.5 mM + SA 5 mM	19.32 ^{bc}	17.48 ^{bc}	59.72 ^{cd}	49.32 ^{de}	5.19 ^e	3.56 ^{bc}	3.56 ^{cd}	46.32 ^d
T ₈ : MT 0.5 mM + SA 9 mM	22.78 ^d	19.23 ^c	68.79 ^e	56.34 ^f	5.45 ^e	4.98 ^d	4.21 ^e	58.49 ^f
T ₉ : Control (water dipping)	13.75 ^a	11.23 ^a	34.76 ^a	18.98 ^a	2.56 ^a	2.13 ^a	1.87 ^a	21.19 ^a
S Em (±)	0.986	1.227	1.141	2.047	0.234	0.323	0.154	1.088
CD at 5%	1.396	1.737	1.616	2.897	0.331	0.458	0.218	1.540

DAS = Days After Storage, CE= Catechin Equivalent, QE= Quercetin Equivalent, DPPH= 2,2-diphenyl-1-picrylhydrazyl, Means followed by the same letters do not differ significantly at 5% level of probability.

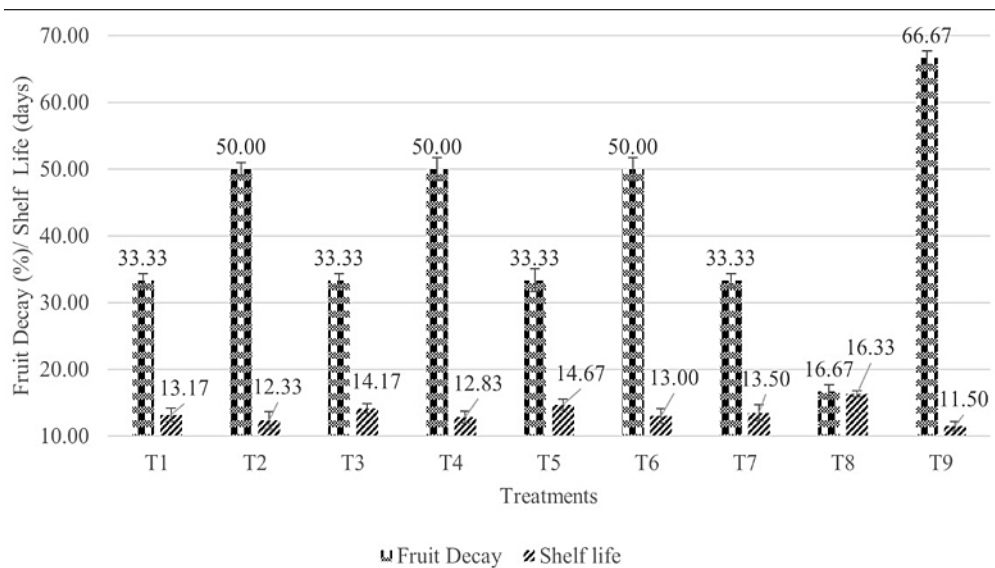


Fig. 2: Percentage of fruit decay and shelf life at 12 DAS under different postharvest treatments

Discussion

Physiological weight loss of the stored pineapple significantly increased across all treatments. It was reported that pineapple fruit stored at ambient condition marked an increment in physiological weight loss due to loss of moisture from fruit surface, transpiration and respiration.^{34,36} Similarly, fruit length and diameter of stored pineapple reduced due to shrinkage. Scientists reported to have shrinkage of pineapple while storing at 25°C.^{6,36} Present study revealed that pineapple treated with MT 0.5 mM + SA 9 mM (T₈) had minimum PLW and least percentage decrease of fruit length and diameter compared with control at 12 DAS. Post harvest use of 1mM MT significantly reduced PLW of the 'Santa Rosa' plum.¹² Pineapple fruits dipped in 5mM of SA had scored lower PLW and decrease in fruit length and diameter.⁶ SA @ 2mM checked physiological weight loss in grapes.²⁴ Melatonin reported to play role in delaying of senescence by entrapping reactive oxygen species (ROS) and malondialdehyde (MDA) and maintain firmness by delaying enzymatic softening and maintaining structural integrity with enhanced anti-oxidant activity, thus reduced PLW and fruit shrinkage.³⁷ Further, stomatal closure and reduction in respiration due to SA action had caused lower physiological weight loss in stored fruits.²⁴ Present study revealed that use of MT 0.5 mM + SA 9 mM had maintained the fruit firmness even after

12 DAS compared with control. Melatonin hinders the activity of enzymes like pectin methyl esterase and polygalacturonase which are responsible for breakdown of cell wall and thus prevent degradation of cell wall and maintained firmness of stored fruits.³⁸ SA too had inhibitory role against enzymes like cellulase, lipoxygenase, pectin methyl esterase, polygalacturonase etc. responsible for cell wall degradation, so helps in better maintenance of fruit firmness.²⁰ Average score for flesh translucency and crown condition was found minimum in pineapple fruits treated with MT 0.5 mM + SA 9 mM. It was reported that flesh of pineapple fruits turned from opaque to translucent and contributed higher flesh translucency score during ambient storage due to electrolyte leakage, whereas crown condition deteriorated for senescence, which markedly influenced by the storage temperature.⁶ Postharvest fruit dipping in MT significantly reduced electrolyte leakage and occurrence of flesh translucency in stored pineapple.^{26,39} Treatment with SA reported to cause retardation of electrolyte leakage⁴⁰ and therefore, combined treatment may have caused low score of flesh translucency on dose dependent manner. Anti-senescence role of MT^{17,18} and SA^{20,27} may have contributed to better crown quality of the stored pineapple under combined application. External colour of the pineapple fruit turned orange from green while fruit flesh changed from white to

deep yellow during storage. These changes happened following the natural ripening phenomenon by chlorophyll breakdown and accumulation of carotenoids.^{6,26} However, the colour record of peel and flesh as depicted in developed colour chart signified fruits treated with MT@ 0.5 mM along with SA 9 mM had delayed accumulation of colour which may be attributed to the ethylene inhibitory effect of MT¹⁰ and SA.²⁰ Besides, storing pineapples in ambient condition caused enhanced respiration and triggered the ethylene gas release. Though, in comparison to control, fruits treated with MT (0.5mM) + SA (9mM) significantly reduced the rate of respiration measured in terms of CO₂ released and ethylene production. SA reported to reduce ethylene, the endogenous hormone which influences the enzymatic activity responsible for cell wall hydrolyzation and consequential increment in respiration rate, production by lessening 1-aminocyclopropane-1-carboxylic acid oxidase (ACO) and 1-aminocyclopropane-1-carboxylic acid synthase (ACAS) activity.^{20,21} While, exogenous application of MT thought to reduce gain of ROS while increasing the antioxidant enzymes and restricting the enzymatic expression of ACAS and ACO, thus subside the ethylene accumulation and enhancement of respiration.^{7,10} TSS content of the stored pineapple had initial increment up to eight days afterwards declined. Similar observation was recorded in case of pineapple cv. Comte de Paris at ambient storage (25°C) where TSS increased up to six days due to ripening and subsequently dropped as of senescence.⁴¹ Significantly high TSS was found in MT 0.5 mM + SA 9 mM treated fruits even after 12 days may be because of the delayed ripening and senescence. The observed delay in the evolution of acidity and TSS in pineapples can be related to previous findings in other fruits, where MT and SA were shown to enhance ATP supply, thereby delaying substrate catabolism.⁴² Post-harvest application of melatonin had delayed ethylene to reach peak and consequently delayed ripening which have resulted in slower accumulation of TSS.¹⁰ However, it was found to have increment in titratable acidity during storage of pineapple which largely impacted TSS:acid ratio of the stored fruits. It was reported that there was an increase in titratable acidity in stored pineapple vastly because of accumulation of citric and malic acids due to changes in cell membrane permeability and solute

concentration.⁴³ MT+SA treated fruits had better retention of TSS:acid ratio which may be because post-harvest application of melatonin in pineapple reported to cause belated ripening and better retention of TSS: acid ratio.²⁶ Post-harvest use of SA in litchi showed better retention of TSS:acid ratio due to delayed ripening and senescence.⁴⁴ Total sugar, reducing sugar and total carbohydrate content of the stored pineapple reduced; however fruits treated with MT+SA had better retention of sugars and carbohydrates even after 12 days. It was reported that exogenous application of melatonin in pineapple caused better retention of sugars and carbohydrates during ambient storage.²⁶ SA@ 2mM showed highest amount of sugars retained in grapes after 16 days of storage in ambient condition.²⁴ Prolong storage of pineapple fruits reported to drop in its sugar contents because of senescence.⁴¹ MT and SA showed proven anti-senescent effect in many fruits during storage which may be the reason that combined application of these compounds resulted in better sugar and carbohydrate retention.^{7,10,20,21} Ascorbic acid content was found to decrease during the period of storage. Ascorbic acid oxidase mediated the conversion of L-ascorbic acid to dehydro ascorbic acid may be the reason behind drop of fruit ascorbic acid during storage.⁴⁵ However, oxidative stress which plays the prevalent role in loss of ascorbic acid, inhibited due to the action of both MT and SA, as previously reported.^{21,26,46} Storing of pineapple fruits at ambient condition showed significant reduction in total phenol and total flavonoids content along with reduction in antioxidant activity. But fruits treated with MT+SA significantly protected the loss, while treatment with MT 0.5 mM + SA 9 mM resulted highest total phenol and flavonoids content with maximum antioxidant activity at 12DAS. Total phenol content was found to reduce due to polymerization with proteins and for oxidative breakdown which further emanates to form hydroxy methyl furfural and caused loss of flavonoids during storage.⁴⁷ Accumulation of ROS in ripened fruit at storage caused oxidative damage, which may have impacted the phenolic constituents and antioxidant activity.²¹ MT and SA both was reported to inhibit accumulation of ROS and therefore protected from oxidative breakdown of phenolic constituents which results in better antioxidative activity.^{7,10,21,26} Besides, post-harvest use of MT reported to contribute in disease resistance and reduction of decay

percentage in multiple fruits during storage.¹⁰ Use of MT found to control anthracnose in stored papaya and development of green mold in citrus during storage.^{38,46} Exogenous application of SA caused inhibition of blue mold development during storage.¹⁹ Proven result in control post-harvest decay in fruits like apricot, banana, longan, litchi, grapes etc. was also reported.^{20,21} Thus, in the present study combined application of MT+SA may have resulted synergistically and particularly in higher concentration had reasonably controlled the postharvest decay in stored pineapple and extended the shelf life. MT and SA were reported to delay senescence, inhibited respiration and ethylene production, controlled oxidative stress while protected from disease occurrence during postharvest condition and extended shelf life in apple,¹⁹ banana,^{11,22} citrus,^{15,25} grapes,^{14,24} plum,¹² pear¹³ etc. fruits.

Conclusion

In the present study, when MT or SA was administered individually though had resulted positive influence on postharvest physico-biochemical condition, decay control and shelf life of stored pineapple, however combined use of MT+SA in higher concentrations; found to act synergistically and had significantly reduced physiological weight loss, with maintained fruit firmness and crown condition, retained peel colour and flesh translucency while inhibiting ethylene release and controlled respiration; thus, maintained better biochemical qualities (TSS, TSS:acid ratio, sugars, ascorbic acid) and phenolic constituents (total phenol and total flavonoids) with higher antioxidant activity. Moreover, it controlled fruit decay and resulted in high shelf life. Therefore, use of MT@ 0.5mM along with SA@ 9mM can be a potential postharvest treatment for shelf-life extension and quality maintenance of ambiently stored pineapple.

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Conflict of Interest

The authors do not have any conflict of interest.

Data Availability Statement

The manuscript incorporates all datasets produced throughout this research study.

Ethics Statement

This research did not involve human participants, animal subjects, or any material that requires ethical approval.

Informed Consent Statement

This study did not involve human participants, and therefore, informed consent was not required.

Clinical Trial Registration

This research does not involve any clinical trials.

Permission to Reproduce Material from Other Sources

Not Applicable.

Author Contributions

- **Debashis Mandal:** Conceptualized the study and prepared the manuscript
- **Marto Basar:** Laboratory analyses and statistical calculations
- **Noel Lalhruaitluangi:** Laboratory analyses
- **Ralte Colney Laldusangi:** Laboratory analyses
- **Agnes Vanlalnghaki Fanai:** Laboratory analyses

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