

Instructions to Authors

The instructions to authors is divided in three sections. Authors are advised to read the following policies:

1. Pre Submission information
2. How to Prepare Manuscript
3. Pre submission Checklist – Make sure to check it for efficient processing

1. Pre Submission Information

Current Research in Nutrition and Food Science is an open access journal. Please ensure the manuscript fits the aims & scope of the journal and follows guidelines defined by:

- [COPE](#) (Committee on Publication Ethics)
- [DOAJ](#) (Directory of Open Access Journals)
- [ICMJE](#) (International Committee of Medical Journal Editors)
- [WAME](#) (World Association of Medical Editors)

We suggest authors to make themselves aware of policies on ethical publishing practices defined by the above mentioned organisations.

Current Research in Nutrition and Food Science advises the authors to read carefully following policies:

a. Article Processing Charges

India:	Rs.15000/-
Foreign:	Click here to check the charges

b. Licensing / Copyright Policy:

As open access journal Current Research in Nutrition and Food Science follows the [Creative Commons Attribution 4.0 International License](#)

The journal will retain publishing rights without restrictions.

c. Statement of Informed Consent

Individual participants in studies have, the right to decide what happens to the (identifiable) personal data gathered, to what they have said during a study or an interview, as well as to any photograph that was taken. The manuscripts that include details, images, or videos relating to individual participants, written informed consent for the publication of these must be obtained from the participants (or their parent or legal guardian in the case of children under 16) and a statement to this effect should appear in the manuscript. If the participant has died, then consent for publication must be sought from the next of kin



of the participant. Documentation showing consent for publication must be made available to the Editor on request. In cases where images are entirely unidentifiable and there are no details on individuals reported within the manuscript, consent for publication of images may not be required. The final decision on whether consent to publish is required lies with the Editor.

d. Ethics in publishing

Current Research in Nutrition and Food Science's Publication Ethics and Publication Malpractice Statement is based, in large part, on the guidelines and standards developed by the Committee on Publication Ethics (COPE). Please see:

www.foodandnutritionjournal.org/submission/publication-ethics-and-malpractice-statement/

e. Conflict of interest

All authors are requested to disclose any conflict of interest including any financial, personal or other relationships with other people or organizations that can influence their work. The conflict of interest is filled in a section in copyright form.

[Click here to download Copyright form](#)

f. Declaration of Funding Sources:

This section will include any funding sources along with the grant number (if any) provided to facilitate the research work.

If there are no funding sources then following statement should be mentioned:

"The author(s) received no financial support for the research, authorship, and/or publication of this article."

g. Plagiarism

By submitting articles to Current Research in Nutrition and Food Science the author attest the following:

1. None of the part of manuscript is plagiarized from other sources
2. Proper reference is provided for all contents extracted from other sources

Strong action will be taken against cases of plagiarism. The journal is a member of 'Crossref' and uses iThenticate plagiarism detection tool for each article. Read the [Journal's Plagiarism policy by clicking here](#).

h. Correction and Retraction Policy

1. Corrections

Corrections are published if the publication record is seriously affected with regard to the accuracy of published information. Corrections are published in the subsequent issue under corrections and addendum.

2. Retractions

Retractions are done when the main conclusion of the paper is seriously undermined.

i. Authorship Policy

Before publishing: Requests to add or remove an author, or to rearrange the author names, must be sent to the Editor from the corresponding author of the accepted manuscript and must include:

1. Reason why the name should be added or removed
2. Emailed confirmation from all authors that they agree with the addition, removal or rearrangement.
3. A corrigendum will be issued if the author names are added, deleted, or rearranged in an article published online in coming issue

A declaration of contributions from individual co-authors in the preparation of the article should be submitted

j. Withdrawal Policy:

Manuscripts may be withdrawn by submitting a letter to the editorial office stating the reasons for manuscript withdrawal and submitting the signed manuscript withdrawal form.

If an author requests a withdrawal within 10 days of submission, the author is allowed to withdraw the manuscript without paying any withdrawal fee, however if authors withdraw manuscripts any time after review and acceptance, a withdrawal fee will have to be paid.

For India Rs. 1000/-

For Other countries \$50/-

2. How to Prepare Manuscript

a. General Instructions

Use MS word to prepare manuscript. Other open source word-processing software can also be used. Keep the format as per following instructions:

1. The manuscript fits the Aims & Scope of the journal.



2. The manuscript adheres to specified limits for word count, references, and figures/tables based on article types:
 - Research article (6000 words, 30 references, 6 tables & figures combined)
 - Review article (8000 words, 60 references, 8 tables & figures combined)
 - Short communication (3000 words, 25 references, 3 tables & figures combined)
3. Keep the text in single column, normal font size 12, 1.5 line space.
4. Keep the text left aligned, do not justify the paragraph.
5. The text is written in good English.
6. Check the quality of scanned figures. The legends should be clearly visible.
7. Place the tables and figures in the appropriate places and cite tables and figures consecutively in text
8. Any experiments involving humans/animals are accompanied by an ethical statement.
9. Conflict-of-interest statement is included in your declarations section
10. All relevant sources, including peer-reviewed articles, websites, books, and theses, are listed in the References section. The number of references adheres to the specified limit. If the theses referred to in the manuscript are from a pre-print edition or online repository, kindly declare them in the cover letter and reference them appropriately in the manuscript.
11. Include a cover letter with the manuscript that introduces your article, highlighting the research's novelty and key outcomes. The cover letter should specifically address the following :
 - The submitted article's type (original research article/review/short communication).
 - Details such as the total word count of the manuscript (excluding tables and figure legends), the number of references, and the count of tables and/or figures included in the manuscript.

b. Title

Title is important as it shows what your work is all about. Title should be:

1. Brief and concise
2. Do not use "&" symbol and avoid using abbreviations

c. Authors Name and affiliations

The name(s) of the author(s) should be as follows:

1. First Name Middle Name Last Name
2. Names should not include titles
3. Full names should be mentioned



4. Mention the ORCID ID for each author
5. Present affiliation should be mentioned as superscript numbers
6. Multiple affiliation should be mentioned as superscript multiple numbers corresponding to institutions
7. Corresponding author should be marked as superscript *
8. Email and corresponding authors address should be mentioned following the names as illustrated below:

Example for title, names and affiliation

Guidelines to authors for preparing manuscript

Marsha Clark Mellow¹, Minnie Van Ryder^{2*} and Ivana Ben Withew³

¹Dept. of Nutrition Science, City1, Country1

²Dept. of Dietetics, City2, Country1

³Dept. of Food Science, City2, Country1

Example for multiple affiliations

Marsha Clark Mellow¹, Minnie Van Ryder^{2*} and Ivana Ben Withew^{1,2}

¹Dept. of Nutrition Science, City1, Country1

²Dept. of Dietetics, City2, Country1

³Dept. of Food Science, City2, Country1

Corresponding Author Email: _____

Corresponding Author Address: _____

d. Abstract

Abstracts should be clear and concise and briefly reflect all aspects of the study, as most indexing databases list mainly abstracts. Short Communications as well as Review Articles should have an Abstract.

e. Keywords

1. Provide four to eight appropriate keywords after abstract. Each keyword should be separated by “ , ” (Comma) or “ ; ” (semicolon)
2. Keywords should be arranged alphabetically with first letter of each word in capital



f. Introduction

Start immediately after the keywords, as the next paragraph.

1. The Introduction should lead the reader to the importance of the study
2. Should tie-up published literature with the aims of the study and clearly states the rationale behind the investigation.

g. Materials and Methods

Start as a continuation to introduction on the same page.

1. All-important materials used along with their source shall be mentioned.
2. The main methods used shall be briefly described, citing references. New methods or substantially modified methods may be described in sufficient detail.
3. The statistical method should be clearly stated.
4. Current Research in Nutrition and Food Science prefers to publish work that has been subjected to an appropriate statistical test at one level of significance.

h. Results

All findings presented in tabular or graphical form shall be described in this section.

1. The data should be statistically analysed and the level of significance stated.
2. Data that is not statistically significant need only to be mentioned in the text – no illustration is necessary.
3. All Tables and figures must have a title or caption and a legend to make them self-explanatory.
4. Results section shall start after materials and methods section on the same page.

i. Discussion

This section should follow results, deal with the interpretation of results and convey how they help increase current understanding of the problem.

1. Unsupported hypothesis should be avoided.
2. The Discussion should state the possibilities the results uncover, that need to be further explored.
3. Results and discussion of results can also be combined under one section, Results and Discussion.

j. Acknowledgements

Acknowledgement will include the acknowledgement to the research team or any entity which has provided help during the work.

k. Funding Sources

This section will include any funding sources along with the grant number (if any) provided to facilitate the research work.

If there are no funding sources then following statement should be mentioned:

“The author(s) received no financial support for the research, authorship, and/or publication of this article.”

l. Conflict of Interest

All authors are requested to disclose any conflict of interest including any financial, personal or other relationships with other people or organizations that can influence their work.

If there is no conflict of interest then following statement should be mentioned:

“The author(s) declares no conflict of interest.”

m. Authors' Contribution

Authors are required to provide a statement detailing the specific contributions of each author to the manuscript.

Each author mentioned has significantly and directly contributed intellectually to the project and has given their approval for its publication.

n. Data Availability Statement

The manuscript incorporates all datasets produced or examined throughout this research study. If your manuscript does not contain any data, please state 'Not applicable' in this section.

o. Ethics Statement

If the study involves an experiment on humans and animals; then the name of the authorizing body should be stated in the paper.

p. Informed Consent Statement

If the study involves an experiment on humans and animals; Manuscripts should include a statement that the informed consent was obtained for experimentation and that it conforms to the standards currently applied in the country of origin. The privacy rights of human subjects must always be observed.

If your manuscript does not contain data from any individual person, please state “Not applicable” in this section of the Declarations.

q. Permission to reproduce material from other sources

(If applicable)

r. Clinical Trial Registration

(If applicable)

s. References

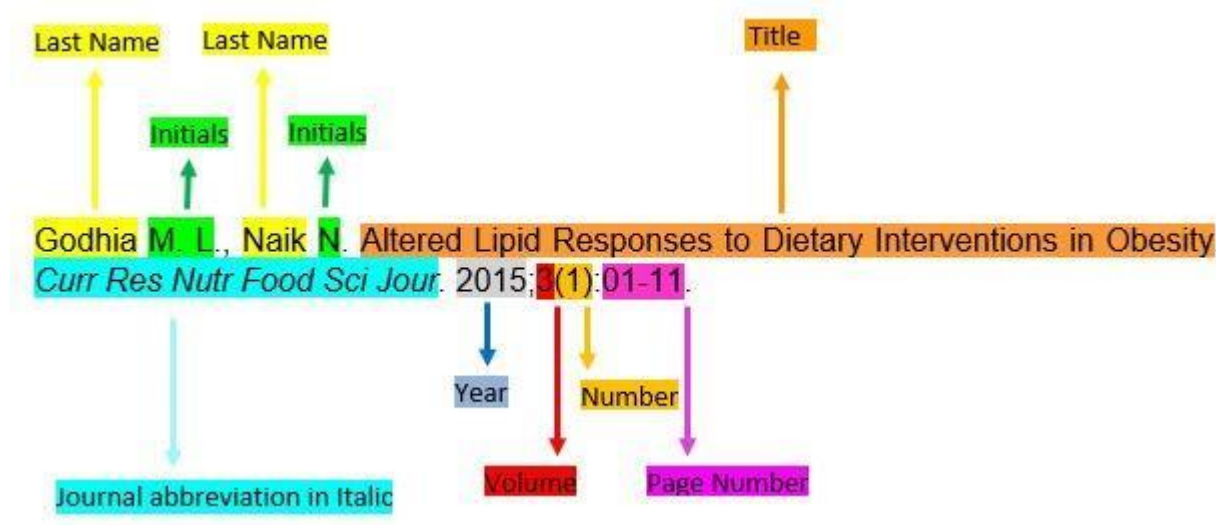
Reference style: **AMA (American Medical Association)**

1. References should be numbered consecutively in the order in which they are first mentioned in the text (not in alphabetic order).
2. References should be cited in the text in superscripts only

Use the style of the examples below

Example: Journal article (print)

Godhia M. L., Naik N. Altered Lipid Responses to Dietary Interventions in Obesity. *Curr Res Nutr Food Sci Jour.* 2015; 3(1): 01-11. DOI: <https://dx.doi.org/10.12944/CRNFSJ.1.1.01>



Reference style for different sources:

Citation Type	Format
Journal article (print)	Author(s). Title. Journal. Year;Volume(Issue):Page number(s).

Journal article (online)1. With URL2. With DOI3. Published ahead of print	<p>Author(s). Title. Journal. Year;Volume(Issue):Page number(s). URL. Published date. Updated date. Accessed date.Author(s). Title. Journal. Year;Volume(Issue):Page number(s). DOI.Author(s). Title [published online ahead of print date]. Journal. Year;Volume(Issue):Page number(s). DOI.</p>
Book chapter (print)	<p>Chapter author(s). Chapter title. In: Book author(s) or editor(s). Book title. Volume number and title. Edition number (do not indicate 1st edition). Place of publication: Publisher;</p>
	Year:Page number(s).
Book chapter (online) Edition number (do not	<p>Chapter author(s). Chapter title. In: Book author(s) or editor(s). Book title. Volume number and title. indicate 1st edition). Place of publication: Publisher; Year:Page number(s). URL. Accessed date.</p>
Book (print)	<p>Book author(s) or editor(s). Book title. Volume number and title. Edition number (do not indicate 1 st edition). Place of publication: Publisher; Year.</p>

Book (print)	Book author(s) or editor(s). Book title. Volume number and title. Edition number (do not indicate 1 st edition). Place of publication: Publisher; Year.
Book (online)	Book author(s) or editor(s). Book title. Volume number and title. Edition number (do not indicate 1 st edition). Place of publication: Publisher; Year. URL. Accessed date.
Website	Author(s). Title of item cited. Name of Web site. URL. Published date. Updated date. Accessed date.
Drug Information Database	Author(s). Title of entry. In: Title of database [database online]. Place of publication: Publisher; Year. URL. Updated date. Accessed date.
Government/ Organization Reports	Author(s). Title. Place of publication: Name of
	issuing organization; Year. Page(s)/ publication/ series numbers.
Government/ Organization Reports (online) Page(s)/ publication/ series	Author(s). Title. Place of publication: Name of issuing organization; Year. numbers. URL. Published date. Updated date. Accessed date.
Conference Presentations	Author(s). Title. Poster/Paper presented at: Meeting name; Date(s); Location.

Conference Presentations (online)	Author(s). Title. Poster/Paper presented at: Meeting name; Date(s); Location. URL. Accessed date.
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t. Tables

1. Only MS word table format should be used for preparing tables.
2. Tables should be numbered consecutively in numerals and bear a brief title.
3. Units of measurement should be abbreviated and placed below the column headings. Column headings or captions shall be in bold face.
4. It is essential that all tables have legends, which explain the contents of the table.
5. Tables should not be very large that they run more than one A4 sized page.

Example for table

Table 1: Brief title for the table

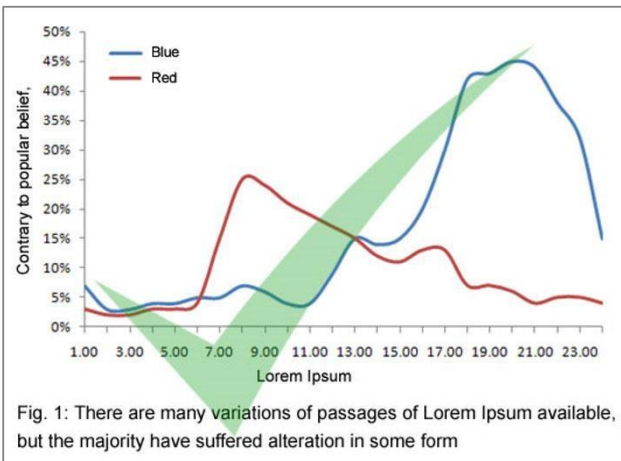
Heading 1	Heading 2	Heading 3	Heading 4
data	data	data	data
data	data	data	data
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data	data	data	data
data	data	data	data

u. Figures

Figures and scanned images should be of good quality and placed on appropriate places in the article.

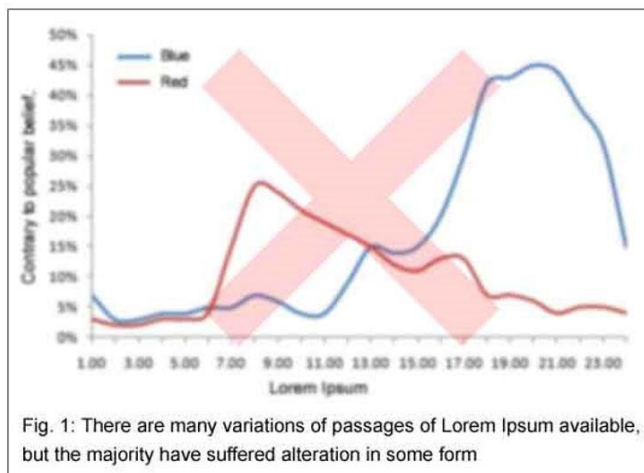
1. Images should be High Resolution (300 DPI) in PSD, TIFF, JPEG, PNG Format
2. Text within the images should be clear and readable
3. Figures should be numbered consecutively in numerals and bear a brief title.
4. Graphs and bar graphs should preferably be prepared using Microsoft Excel and submitted as Excel graph pasted in Word.
5. Mention and properly cite the source of figure, if extracted from other source. Example for images

and illustrations



Good quality Graph with clear legends

Good quality Graph with clear legends



Bad quality Graph with unreadable data

Bad quality Graph with unreadable data

v. Biological nomenclature

Names of plants, animals and bacteria should be in italics and proper nomenclature format.

w. Proof Correction

Once the article is accepted after successful peer review, the article is published online and a pdf in journal format is prepared.



1. A copy of this PDF file is emailed to corresponding author for proof check.
2. Ensure that all corrections are done in this proof as subsequent changes after this communication cannot be guaranteed.
3. The changes will be incorporated in the final version.

3. Pre submission Checklist

Authors are advised to check the items in following list and complete the manuscript accordingly.

Submitting an incomplete entry will cause a delay in the publication process.

1. Read the [Instructions to Authors](#) and download [Sample Manuscript](#) as a guide
2. The format conforms to the Sample Manuscript Template
3. Title doesn't have "&" and other non-standard abbreviations
4. Author names conforms to journal requirement
5. Corresponding author is marked with an asterisk sign (*)
6. Ensure to use accurate and complete affiliation
7. ORCID IDs of all the authors are mentioned
8. Keywords are added (minimum 5)
9. Tables are properly numbered and title added
10. Figures are properly numbered
11. Images should be High Resolution (300 DPI) in PSD, TIFF, JPEG, PNG Format
12. Text within the images should be clear and readable
13. All the sources are appropriately cited
14. All the References to be included in the reference section in proper format
15. The following sections are added :
 - Acknowledgement
 - Funding Source Statement
 - Conflict of interest disclosure
 - Authors' Contribution
 - Data Availability Statement
 - Ethics Approval Statement
 - Informed Consent Statement
 - Permission to reproduce material from other sources
 - Clinical Trial Registration
16. Article is spell and grammar checked
17. Copyright form with conflict of declaration is completely filled and signed by each author.